



VERIZON FiOS CHANNEL LINEUP

HAMPTON ROADS, VA
EFFECTIVE AUGUST 2010



WELCOME TO FiOS® CHANNEL LINEUP

GOT QUESTIONS? GET ANSWERS.

We make it easy to get help with your Verizon FiOS TV service, any way you want. Here's how:

- On TV — press **Menu** on your FiOS remote to access all of the **FiOS TV Guide** features. Click on **Search** to find the programming you want. Scroll down to review your **messages** and get **important updates** about your TV service and channel lineups.
- For instructive **help videos**, tune to **Channel 131** anytime.
- Online — visit us at verizon.com/fiostvcentral.
- Or simply turn to your **FiOS User Guide** for step-by-step instructions.

Verizon FiOS TV occasionally changes its channel offerings. For a complete listing of all the Verizon FiOS TV channels available in your area, visit verizon.com/fiostvchannels.

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¹A Verizon-supplied HD receiver and an HD-ready TV set required to receive HD programming.

²When a regional sports station carries more than one game, Verizon may air that additional game on channel 1 (FiOS1).

^vSelect programming available on Video On Demand.

Programming services offered within each package are subject to change, and not all programming services will be available at all times. Blackout restrictions also apply.

HAMP-08/10 CCF10036

The following lineup includes channel listings for the FiOS TV Local and Regional Sports Programming packages.

FiOS TV LOCAL

Included with all FiOS TV packages. Additional subscriptions may be added.¹

FiOS TV LOCAL BROADCAST

| | |
|-------------------------------|----|
| ABC — WVEC-TV 13 ^v | 13 |
| CBS — WTKR-TV 3 ^v | 3 |
| CW — WGNT-TV 27 ^v | 7 |
| FiOS1 ² | 1 |
| FOX — WVBT-TV 43 | 5 |
| My Network TV — WTVZ-TV 33 | 11 |
| NBC — WAVY-TV 10 ^v | 10 |
| PBS — WHRO-TV 15 | 15 |
| TBN — WHRE-TV 21 | 21 |
| Telefutara | 29 |
| Telemundo ^v | 12 |
| Univision ^v | 16 |
| Weatherscan Local | 49 |
| WGN America | 9 |
| ION — WPXV-TV 49 | 14 |
| WSKY-TV 4 | 4 |

FiOS TV LOCAL BROADCAST HD

| | |
|----------------------------|-----|
| ABC — WVEC HD ^v | 513 |
| CBS — WTKR HD ^v | 503 |
| FOX — WVBT HD | 505 |
| ION HD | 514 |
| My Network TV — WTVZ HD | 511 |
| NBC — WAVY HD ^v | 510 |
| PBS — WHRO HD | 515 |
| WGNT-HD | 507 |
| WSKY-TV 4 HD | 504 |

LOCAL PLUS

| | |
|-------------|-----|
| ION Life | 492 |
| Qubo | 491 |
| WHRO Create | 463 |
| WHRO KIDS | 462 |
| WHRO World | 460 |

LOCAL PUBLIC/EDUCATION/GOVERNMENT

| | |
|---------------------------------------|----|
| CHESAPEAKE | |
| Chesapeake Educational (Ed.) Access | 41 |
| Chesapeake Government (Gov.) Access 1 | 42 |
| Chesapeake Gov. Access 2 | 43 |

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|---------------------|----|
| HAMPTON CITY | |
| Hampton City Ed. | 20 |
| Hampton City Ed. 2 | 22 |
| Hampton City Gov. | 23 |

| | |
|---------------------------|----|
| NEWPORT NEWS | |
| Newport News Ed. Access 1 | 17 |
| Newport News Ed. Access 2 | 18 |
| Newport News Gov. Access | 19 |

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|--------------------------------|----|
| POQUOSON | |
| City of Poquoson Ed. | 24 |
| City of Poquoson Gov. | 25 |
| City of Poquoson Public Access | 26 |

| | |
|-----------------------|----|
| PORTSMOUTH | |
| Portsmouth City Ed. | 38 |
| Portsmouth City Ed. 2 | 40 |
| Portsmouth City Gov. | 39 |

| | |
|--|----|
| VIRGINIA BEACH | |
| VBTV 45 — Virginia Beach Ed./Gov. Access 1 | 45 |
| VBTV 46 — Virginia Beach Ed./Gov. Access 2 | 46 |
| VBTV 47 — Virginia Beach Ed./Gov. Access 3 | 47 |

| | |
|---------------------|----|
| YORK COUNTY | |
| WYCG TV York County | 38 |
| YCSD TV York County | 39 |
| Explorer | 40 |

REGIONAL SPORTS PROGRAMMING

Channels vary by package subscription.¹

ESSENTIALS

| | |
|--------------------------------|-----|
| Comcast SportsNet Mid-Atlantic | 76 |
| CSNMA Plus | 334 |
| Mid-Atlantic Sports Network | 77 |

PRIME HD, EXTREME HD AND ULTIMATE HD

| | |
|--------------------------------|-----------|
| Comcast SportsNet Mid-Atlantic | 76/576 HD |
|--------------------------------|-----------|

| | |
|-----------------------------|-----------|
| CSNMA Plus | 334 |
| Mid-Atlantic Sports Network | 77/577 HD |

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|--------------------------------|------|
| LA CONEXIÓN | |
| Comcast SportsNet Mid-Atlantic | 1525 |
| CSNMA Plus | 334 |
| Mid-Atlantic Sports Network | 1526 |

IT'S TIME FOR
FiOS

| DEPT. | SIGN OFF | DATE |
|--------------------|----------|------|
| Proof Reader: | | |
| Art Director: | | |
| Copy Writer: | | |
| Creative Director: | | |
| Production: | | |
| Account Exec.: | | |
| Traffic Mgr.: | | |
| Studio QC: | | |
| Spell Check: | | |

Job #: CCF10036
Client: Verizon
Job Name: Regional Online CLUs
Studio Artist: Tammy
Proof #: 2

LH: In Progress
Save Date: 8-2-2010 5:05 PM
Previous User: ipgna\edwin.figueroa
Document Path: Macintosh HD
2:Users:tammy:Des...cal:10036_CCF_HAMP_Online_CLU.indd

- Cyan
- Magenta
- Yellow
- Black
- PMS 1795 C